

HEALTH-SYSTEMS - WITH HIGH-TECH TO “NEO-HIPPOCRATISM” – IN THE 6TH KONDRATJEW

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History and scientific changes

It is not so long ago, that the aim of our health-system was to offer the state of the art of high-tech medicine to everyone, without considering costs. In the recent years however it became obvious that this was no longer possible. Health-systems, even in most industrialized countries have to look more and more for efficiency.

At the moment quality-management-systems have to be established (in some countries already by law), to enhance efficiency in health departments by optimising the three topics: 1. Quality of **information**, 2. Quality of **processes** and 3. Quality of **structures**. The more efficient these three parameters are, the better their outcome and survival of the system.

Analysing firstly the quality of information of our health system (steered by the paradigms in research, development, education, politics, mind, media,), we see, that since 30 years already, there is a growing gap between practiced medicine and new theoretical treatment models, originating from advanced physics, ready to be practiced. This pool of information, never discussed by political expert-groups delivers answers for social-health-systems of tomorrow.

Main stream-medicine of today is reduced on the pathogenetic principles based on the classical mechanical physics, where diseases are described by dead structures, molecules and quantities. This procedure normally happens outside every living process. Parameters and mechanisms that might be responsible for a certain disease are measured and described and when “the fight against them is won” the result should be healthiness.

Holistic quantum-physics had developed new insights in biological, medical and social human systems and delivered the **salutogenetic principle** already in the early 1980´s .

Concepts from the fields of cybernetics, synergetics, and non-linear thermodynamics of irreversible processes proceed on the presumption of the existence of universal space-time structures, so that previously-neglected temporal structures regain their original significance. While actual physics trusts on selforganization and selfregulation in healing processes, we find similar approaches in the **hippocratic Medicine** of the ancient times, that relied upon healing forces from nature to regain harmony, a synonym of healthiness. So it is physics of today that has prepared a kind of “**Neo-Hippocratism**” as a basis for future medicine.

Chances for health systems in the 6th Kondratjew

The salutogenetic concept focuses on the parameters that create and sustain healthiness. Beside genetic and pathological causes, it also takes into consideration lifestyle, social relations, individual consciousness as well as healthiness of mind. The new concept is health-oriented and not disease-oriented any more. The self-responsibility of each individual will become a central role. In the tradition of Hippocrates, the patient has to work actively on his cure; the role of medical doctors will change from treating diseases to care on healthiness. There is a real chance that the health market becomes more efficient, turning from treatment to prevention under integration of most advanced physical therapies (i.e. **Matrix-Rhythm-Therapy**) and resources from nature as they were classically used in the European spa tradition.

In association with modern research institutes (Universities) this knowledge can be transferred from physics to medicine. **Health-tourism** can thus be qualified by medical standards to avoid turning it more and more to pure wellness. Finally, the consciousness of each individual and better understanding of the bodies function, environment and nature will , prevent and reduce costs in the entire social health-care-system.

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